Home Safety Checklist

A quick room-by-room review of everyday accessibility and comfort.

Entry and walking paths

- Keep hallways and routes between rooms clear of loose cords and clutter.
- Check for good lighting, especially at night and near stairs.
- Discuss slip-resistant footwear and proper use of mobility aids with a clinician.

Bathroom and bedroom

- Place commonly used items within comfortable reach.
- Ask an appropriate professional whether grab bars, seating, or other equipment might help.
- Check that bedding and bathroom routines are comfortable for the person.

Family coordination

- Keep emergency contacts available in an appropriate secure location.
- Review changes in mobility or falls with a healthcare professional.
- Ask how a care plan can support safe everyday routines.

Talk with Golden Years (908) 801-9083 | Support@goldenyearhca.com

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