Preparing for the First Care Visit

A helpful list to make the first day feel more comfortable.

Know the person

- Share preferred name and daily routines with the appropriate care team.
- Talk about favorite activities, communication preferences, and household habits.
- Clarify who is the responsible family contact.

Plan the environment

- Show where everyday supplies are kept.
- Discuss usual meal times and personal care preferences.
- Review home access procedures and any mobility considerations.

Confirm the care arrangement

- Make sure tasks and schedule are understood.
- Ask whom to contact if a question arises.
- Share health details only through suitable private channels, not public web forms.

Talk with Golden Years (908) 801-9083 | Support@goldenyearhca.com

General educational information only. Not medical, legal, or financial advice. Specific service availability and professional scope must be confirmed with the agency. Never send medical records through the public website form.